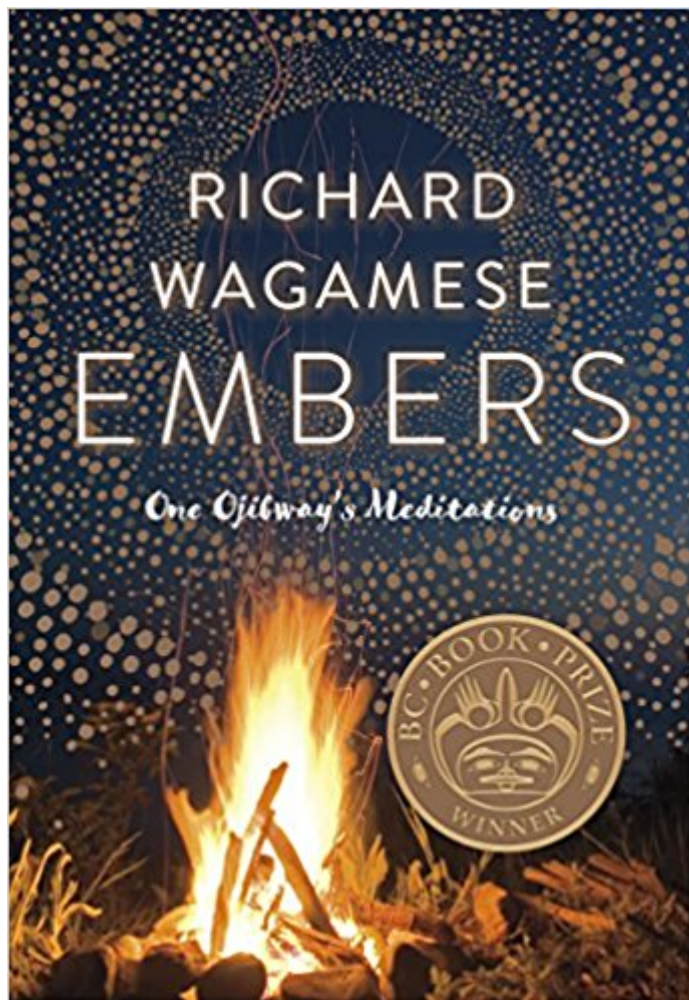


The book was found

# Embers: One Ojibway's Meditations



## Synopsis

"Life sometimes is hard. There are challenges. There are difficulties. There is pain. As a younger man I sought to avoid them and only ever caused myself more of the same. These days I choose to face life head on—and I have become a comet. I arc across the sky of my life and the harder times are the friction that lets the worn and tired bits drop away. It's a good way to travel; eventually I will wear away all resistance until all there is left of me is light. I can live towards that end."—Richard Wagamese, *Embers*

In this carefully curated selection of everyday reflections, Richard Wagamese finds lessons in both the mundane and sublime as he muses on the universe, drawing inspiration from working in the bush—sawing and cutting and stacking wood for winter as well as the smudge ceremony to bring him closer to the Creator. *Embers* is perhaps Richard Wagamese's most personal volume to date. Honest, evocative and articulate, he explores the various manifestations of grief, joy, recovery, beauty, gratitude, physicality and spirituality—concepts many find hard to express. But for Wagamese, spirituality is multifaceted. Within these pages, readers will find hard-won and concrete wisdom on how to feel the joy in the everyday things. Wagamese does not seek to be a teacher or guru, but these observations made along his own journey to become, as he says, "a spiritual bad-ass," make inspiring reading.

## Book Information

Paperback: 140 pages

Publisher: Douglas & McIntyre (April 11, 2017)

Language: English

ISBN-10: 1771621338

ISBN-13: 978-1771621335

Product Dimensions: 5.5 x 0.6 x 7.9 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #377,550 in Books (See Top 100 in Books) #187 in Books > Religion & Spirituality > Other Religions, Practices & Sacred Texts > Tribal & Ethnic > Native American #2226 in Books > Health, Fitness & Dieting > Alternative Medicine > Meditation #11468 in Books > Religion & Spirituality > New Age & Spirituality

## Customer Reviews

Richard Wagamese is one of Canada's foremost First Nations authors and storytellers. He is the author of thirteen books including *Indian Horse*, the People's Choice winner in the Canada Reads

competition. He holds Honorary Doctor of Letters degrees from Thompson Rivers University and Lakehead University. He lives in Kamloops, BC.

I enjoy reading this book.

[Download to continue reading...](#)

Embers: One Ojibway's Meditations Night Flying Woman: An Ojibway Narrative (Native Voices)  
Cooking for One: 365 Recipes For One, Quick and Easy Recipes (Healthy Cooking for One, Easy  
Cooking for One, One Pot, One Pan) Vandal: Ashes & Embers, Book 2 Betrayer's Bane: Embers of  
Illeniel, Book 3 Embers of War: The Fall of an Empire and the Making of America's Vietnam Storm  
(Ashes & Embers Book 1) Plantagenet Princess, Tudor Queen: The Story of Elizabeth of York  
(Plantagenet Embers Book 1) Valley of Embers (The Landkist Saga Book 1) The Crown of Embers  
(Girl of Fire and Thorns Book 2) Day by Day: Daily Meditations for Recovering Addicts (Hazelden  
Meditations) Food for Thought: Daily Meditations for Overeaters (Hazelden Meditations) Tending  
Dandelions: Honest Meditations for Mothers with Addicted Children (Hazelden Meditations) The  
Promise of a New Day: A Book of Daily Meditations (Hazelden Meditations) Meditations for  
Manifesting: Morning and Evening Meditations to Literally Create Your Heart's Desire One-Block  
Wonders: One Fabric, One Shape, One-of-a-Kind Quilts Twilight Meditations: One Woman's  
Thoughts of God as Alzheimer's Advances Fearless: One Woman, One Kayak, One Continent One  
Boy, One Stone, One God (Arch Books) Last Chance Mustang: The Story of One Horse, One  
Horseman, and One Final Shot at Redemption

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)